# Wearing Disposable Gloves in Food Service

Disposable gloves can be effective in preventing contamination of ready-to-eat foods. However, much like bare hands, disposable gloves can become contaminated. That is why it's critical to properly use disposable gloves to keep customers safe from illness.

### **WASH HANDS** and put on gloves **BEFORE**:

Handling ready-to-eat foods

## Remove gloves, **WASH HANDS**, put on new gloves **AFTER**:

- · Coughing or sneezing
- Gloves become damaged
- Changing tasks
- 4 hours of performing the same task
- Completing any nonfood tasks such as:
  - » Handling money, phone or computer
  - » Touching face or hair
  - » Touching refrigerator and freezer doors
  - » Using the restroom
  - » Taking out garbage







#### **REMEMBER:**

Gloves are not a substitute to proper hand washing!

#### Tips for wearing disposable gloves:

- Select properly sized gloves.
- Hold gloves by the edge when putting them on to avoid possible contamination of the gloves' clean surface.
- Never wash and reuse disposable gloves.
- Never blow into gloves.
- Check the gloves for rips or tears.
- Always wear gloves when touching any foods if you have a cut or wound on your hands.

